



Bright Hill 光明山修身院
Evergreen Home

Evergreen 长青

Issue IV: Oct - Dec 2023

Charity Transparency Award 2023



Bright Hill Evergreen Home is delighted to announce that we have once again been honoured with the Charity Transparency Award 2023 at the recent Charity Transparency and Governance Awards Ceremony! This award, initiated by the Charity Council, acknowledges charities that have actively embraced robust transparency and governance standards.

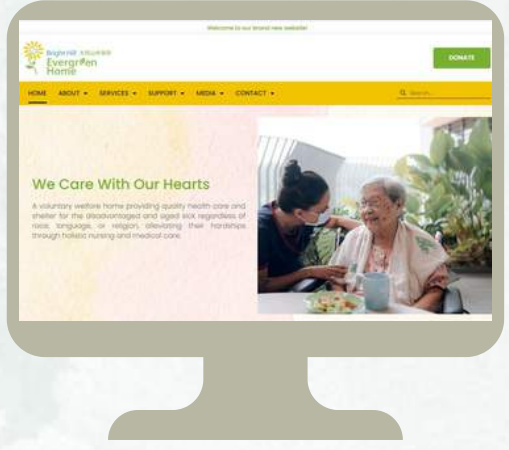
We are immensely proud to be among the selected charities awarded for our transparency and ongoing efforts to build trust within the community!



Unveiling a new look!

We are thrilled to announce the launch of our brand new website, designed with a fresh look and user-friendly navigation, updated with the latest information about our services and company news!

Be sure to check it out today!



Community Engagement

Building stronger communities, together



We were honoured to participate in the "Humanizing Technology: Fostering Person-Centered Care in the Digital Age" seminar hosted by Goshen Consultancy on 13th October at Republic Polytechnic. During a panel discussion with leaders from the healthcare industry, our CEO, Ms Cheng, discussed the positive impact of digitalization on the delivery of care services in our nursing home. She also emphasized how this technological advancement has benefited both our residents and staff in the long term.

Technology has become an integral part of our lives and we remain dedicated to staying current with the rapidly changing advancements.



In line with the theme of embracing technology in the healthcare sector, we were thrilled to introduce Dexie, our social humanoid, to healthcare industry professionals at the "Cape Allied Health Congress 2023" conference on 2nd & 3rd November. Attendees had the opportunity to engage with Dexie and gain a deeper understanding of its applications and benefits, allowing them to witness first-hand how this technology could potentially transform elder care. We will continuously embrace technology to enhance our delivery of care services and improve the lives of our residents, as well as streamlining our workflow to ensure efficient and effective operations.

BHEH Happenings

Stay in the know, get updated

Discover the latest buzz at BHEH! Our recent events have been nothing short of remarkable, from prize ceremonies to insightful residents' case presentations and joyous celebrations. These highlights are not just stories; they are a testament to the remarkable achievements and shared successes within our nursing home!



Community Care Day!



On November, we hosted an incredible Community Care Day celebration to honour and appreciate our hardworking community care staff. During the event, our CEO, Ms Cheng, presented the outstanding results of the Nursing Home Resident Satisfaction Survey 2022, demonstrating marked improvement in our Home's performance in various areas despite the challenges posed by Covid-19 and expansion project of the new building.

Under the theme "CelebratingCommCare," we also held the Community Care Excellence Award Ceremony 2023, recognizing 8 winners, including long-serving staff members with over 12 years of dedicated service. Additionally, awards were presented to wards that demonstrated significant improvement in infection control, a crucial assessment conducted quarterly to evaluate an organization's infection prevention and control practices.

The day concluded with carnival games and a delightful feast, adding to the joyous atmosphere and reinforcing the commitment and dedication of our community care staff in delivering exceptional care. It was truly a fantastic and well-deserved celebration of their hard work and accomplishments!

Kek Ai Diam



We're thrilled to announce the recent opening of our provision shop, Kek Ai Diam! Inspired by nostalgia, the name "Kek Ai Diam" pays homage to the past while taking a modern approach with its innovative "no-cash policy." This unique concept allows residents to select their favorite snacks and items, using points that they have earned through their participation in various activities across different departments.

More than just a shop, Kek Ai Diam has become a cornerstone of independence, choice, and familiarity for our residents, providing a sense of normalcy and comfort in their daily lives. Beyond its practical value, Kek Ai Diam has sparked a renewed sense of purpose and connection within our nursing home. The heartwarming exchanges, shared moments of joy, and engaging conversations among residents and staff have made Kek Ai Diam a hub of meaningful interactions and social engagement. This initiative has truly amplified the spirit of togetherness and belonging within the home!

Fun Fact! Mr Lin, one of our residents, crafted the calligraphy signage for Kek Ai Diam! Additionally, leading up to the official opening, our residents actively volunteered to assist with daily chores, contributing to the setup of the shop. It's also remarkable to note that residents from different wards have been consistently offering their support, helping out with cashier duties nearly every day!



Volunteer Appreciation Day



ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN ACCOMPLISH SO MUCH

This heartfelt quote truly resonates with us and reflects the immense gratitude we feel towards our volunteers. Their unwavering dedication and selfless service have a profound impact on the lives of our residents each and every day. Whether it's coordinating enriching activities or offering caring companionship and assistance, their compassion has no limits.



Looking back at our intimate volunteer appreciation day event held on 2nd December 2023, it was a memorable occasion dedicated to expressing our deepest gratitude for the wonderful volunteers at our nursing home! We celebrated and entertained them with specially curated dance performances by our nurses, along with a splendid singing performance by two of our residents. The day concluded with bingo games, a favourite pastime of the residents, with a special twist - this time, our residents took the lead and facilitated the games!



As a token of our appreciation, we personally distributed goodie bags to each of our volunteers, containing handmade cookies baked by our staff, bookmarks lovingly coloured by our elderly residents, and custom-designed recyclable bags.

Our volunteers bring beacons of hope and positivity in our nursing home and we are privileged to have them as part of our team!

Golden Talent Time



December is an exciting month! We held our inaugural nursing home's Golden Talent Time showcase which brought much jubilation and camaraderie to our beloved elderly residents! Whether it's displaying their artistic and crafting abilities, dancing, or singing skills, performers have the chance to showcase their talents in the show!



On 6th December, the hall of our facility was filled with music, joy, and the infectious energy of the performers and attendees as our resident performers took center stage for a spectacular display of talent and spirit. To prepare for the showcase, our residents even rehearsed thrice on separate occasions! The next of kin were also present for this special day to render support for their loved ones.



Hearty congratulations to our champion, Mr Koh!



The impact of the showcase on our residents was truly remarkable. To add to the excitement of the judging process, we appointed one of the residents as our esteemed judge! Alongside the top 3 prizes, we also recognized other performers with special awards, including most popular, best dressed, and best artist. Furthermore, everyone received goodie bags filled with essential items!

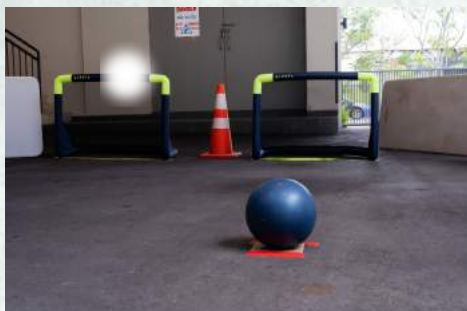
As we reflect on this joyous occasion, we are filled with gratitude for the unwavering support and enthusiasm of everyone who contributed to the success of the showcase!



Residents Year-End Carnival



Our residents haven't had this much fun with carnival games in ages! These games were custom-made to whisk our residents down memory lane and sprinkle some old-school joy into their lives. From timeless ring toss to bean bag throwing, our residents got to experience the kind of fun that kept their grins going strong!



Christmas Steamboat!

Bringing holiday cheer to our beloved elderly residents!

Our residents had an enjoyable festive feast filled with laughter, warmth, and the irresistible aroma of simmering broth! It was a special occasion where our elderly residents come together for a heartwarming celebration of togetherness!



Join Us in Making a Difference: Seeking Your Support for a Cause That Matters

Auntie Annie, who is over 100 years old, joined Bright Hill Evergreen Home in 2007 and has remained a resident since. At BHEH, we prioritize a Person-Centred Care approach, ensuring that Auntie Annie and other residents receive comprehensive care that addresses their physical, emotional, and nursing needs around the clock.

The expansion of our building brings with it increased operating costs. With the addition of a second building, our expenses have effectively doubled. While our top priority remains ensuring a high quality of life for our residents, these elevated operating costs require us to actively seek additional funds.

By supporting us with your generous donation, you can help us meet these financial challenges and continue providing Auntie Annie and all our residents with the peace of mind that comes from knowing their daily needs are well taken care of.

This campaign is supported by Tote Board Enhanced Fund-Raising programme. Your kind donation will be doubled!



Scan the code below to donate:



Consider donating your unused CDC voucher to support our elderly residents. Not only will your donation make a difference, but it's also tax deductible!



Donate your unused CDC voucher by 31 January 2024!

This quarterly publication is produced by Bright Hill Evergreen Home's Communications team. We welcome any contributions or feedback at community@bheh.org.

Editor: Zoey Choo, Niki Goh

CONTACT DETAILS

Bright Hill Evergreen Home is a voluntary welfare home providing health care services for the aged, sick and destitute regardless of race, language or religion.

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DONATE

@ <https://www.giving.sg/bright-hill-evergreen-home>

OR PayNow to UEN S825S0008F

For tax-deduction, please indicate "Donate_your NRIC/FIN" at Bill Ref.





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慈善透明度奖2023



光明山修身院荣幸宣布，我们在最近的慈善透明度与治理奖颁奖典礼上再次荣获2023年度慈善透明度奖！这个由慈善理事会发起的奖项表彰那些积极拥抱严格透明度和治理标准的慈善机构。

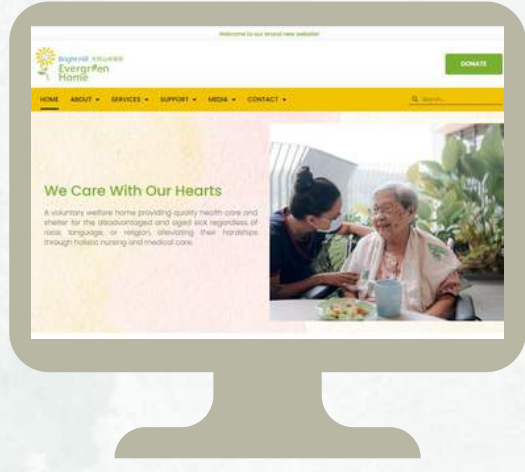
我们对这认可深表感激，并承诺坚持慈善治理和透明度标准，以进一步确立我们作为新加坡信任的慈善组织的地位。



崭新的一面！

我们非常高兴地宣布推出全新设计的网站！新网站外观焕然一新，导航更加用户友好，提供我们最新信息！

记得今天就去看看！



社区参与

同建设更强大的社区



我们很荣幸参与了由Goshen Consultancy于10月13日在共和理工学院举办的“人性化科技：在数码时代促进以人为本的护理”研讨会。在与来自医疗行业的领导人进行小组讨论期间，我们的首席执行官，钟女士，探讨了数码化对我们疗养院护理服务提供的积极影响。

她还强调了科技已经是我们生活中不可或缺的一部分。因此我们必须与时俱进，从长远角度来思考如何融入科技进步来受益我们的居民和员工。



秉承在医疗领域拥护科技的主题，我们很高兴在11月2日和3日举行的“2023年开普联盟卫生大会”上向医疗行业专业人士介绍了我们的社交机器人，Dexie。

参会者有机会与 Dexie 互动，深入了解其应用和好处，使他们能够亲身体验这项科技如何潜在地改善老年护理。

我们深信将科技进步融入与我们疗养院，才能更有效的提升我们的护理服务并改善我们住户的生活，同时优化我们的工作流程，确保高效和有效的运营。

光明山修身院活动

Stay in the know, get updated

随时了解 BHEH 最新的动向！我们最近有非常多有趣的活动，从颁奖典礼到欢乐的庆祝活动。这些亮点不仅仅是故事；它们是我们疗养院非凡成就和共享成功的证明！



社区 关怀日!



在11月，我们举办了一场令人难忘的社区护理日活动，以向我们辛勤在社区护理人员致敬并表达感激。在活动期间，我们的首席执行官钟女士宣布了2022年的疗养院租户满意度调查的杰出成绩，展示了尽管面临COVID-19和正在进行的扩建项目所带来的挑战，我们的疗养院在各个领域的表现均有显著提高。

在“庆祝CommCare”的主题下，我们也举行了2023年社区护理卓越奖颁奖典礼，表彰了8位优胜者，包括在职服务时间超过12年的资深员工。此外，我们还颁发了奖项给在感染控制方面有显著改善的病房。这是一个关键的评估项目，每季度进行一次，以评估疗养院的感染预防和控制实践。

活动当天以嘉年华游戏和美味的大餐结束，增添了欢乐的氛围，并加强了我们对社区护理人员对提供卓越护理方面的承诺，奉献和心态!

Kek Ai Diam



我们非常高兴地宣布，我们的杂货店, Kek Ai Diam最近开张了！“Kek Ai Diam”的名字充满怀旧之情，向过去致敬，同时采用创新的“无现金政策”。这个独特的概念鼓励住户们通过参与不同部门的各种活动和帮忙项目而赚取积分来兑换他们喜爱的零食和物品。

Kek Ai Diam 不仅仅是一家杂货店，它象征的是住户们的独立和自主选择能力，并且也鼓励住户们在能力范围内多多运用自己的能力来完成日常生活中的琐碎事。除了实际价值之外，Kek Ai Diam 的另一个收获就是增进了住户们和工作人员的联系感。通过各种相关活动，大家有了更多的机会交谈，让 Kek Ai Diam 成为了有意义的互动和社交参与的中心。这项倡议确实增强了我们这个大家庭的凝聚力和归属感！

您知道吗？我们的住户之一林先生为 Kek Ai Diam 制作了书法招牌？此外，在正式开业之前，我们的住户们也积极地协助开业的日常杂事，为店铺的设置做出了贡献。值得注意的是，来自不同楼层的住户们还采取了轮班制，几乎每天都贡献他们的时间来 Kek Ai Diam 帮忙！



志愿者感恩日



独自一人我们能做的很少；而一起，我们能成就很多

以上的句子反映了我们对志愿者的深切感激之情。你们坚定的奉献和无私的服务对我们的住户有着深远的影响。无论是协调丰富多彩的活动，还是提供陪伴和帮助，你们的爱心是无限的。



我们于2023年12月2日举办了一场令人难忘的志愿者感恩日活动！我们通过护士们精心策划的舞蹈表演和两位住户精彩的歌唱表演来表达我们对志愿者的感恩。这一天以宾果游戏（住户们最喜爱的消遣活动）作为结束，但这一次有了特别的变化-住户们这次承担了主持游戏的任务！



为了回馈我们的志愿者，我们亲自为每位志愿者准备了一份礼品袋，里面装载着我们员工所烘焙的手工饼干，由我们的年长住户所彩绘制的爱心书签，以及特别定制的可回收袋。

我们的志愿者为光明山修身院带来了许多的希望和积极性。我们很荣幸能够拥有你们作为团队的一部分！

黄金年华光明山修身院之夜

十二月是一个充满有趣活动和兴奋的月份！我们举办了我们的疗养院首届的“黄金年华光明山修身院之夜”，给我们可爱的住户们带来了许多欢乐和友爱！无论是展示他们的艺术和手工能力，跳舞还是唱歌技巧，各个表演者都有机会展露他们的才华！



12月6日当天，音乐，笑声和欢乐洋溢着我们的疗养院！因为我们的住户们转变成了表演者，登上了舞台呈现了令人惊叹的才华和活力。为了准备这次的比赛，住户们还很认真的分别排练了三次！在比赛当日，我们也邀请了亲属出席，为他们亲人加油和喝彩。



我们的冠军
Mr Koh!



为了增加评选过程的乐趣，我们委任了一位住户，作为我们尊敬的评委！除了前三名奖品，我们还颁发了其他特别奖项，包括最受欢迎奖、最佳着装奖和最佳艺术家奖。此外，每个参赛者都收到了装满必需品的礼品袋！

在我们回顾这个喜庆场合时，我们对所有做出贡献的每个人表示感激！



住户年尾嘉年华



我们的住户很久没有玩得这么开心了！

在今年的嘉年华会中，我们安排了许多怀旧的游戏，从经典的环扔游戏到投掷豆袋游戏，一同把住户们带回到了他们的童年，玩得乐此不疲。



圣诞火锅!

我们的住户度过了一个愉快和温馨的节日盛宴，充满了欢笑和令人难以抗拒的炖汤香味！

这是一个特别的时刻，住户们齐聚一堂，共同享受这温馨的一餐！



支持我们，一起做出改变!

安妮阿姨，已经年过百岁，于2007年住入光明山修身院，至今仍是我们的住户。在光明山修身院，我们以人为中心的护理方法，确保安妮阿姨和其他住户能获得全面的照顾，满足其日常生活、心理和护理需求。

光明山修身院的扩建带来了增加的运营成本。随着第二座建筑物的落成，我们的费用实际上翻了一番。虽然运营成本逐年上升，我们仍秉持着以住户们全方位照料为最优先的使命和责任。

通过慷慨捐赠支持我们，您可以帮助我们更好的应对这些财务挑战，并继续为安妮阿姨和所有租户提供他们所需的安心服务。

此捐款活动得到了Tote Board增强筹款计划的支持。您的善款将得到倍增!



Scan the code below to donate:



考虑捐赠您未使用的CDC优惠券来支持我们的老年住户。您的捐赠不仅会带来改变，而且还可以抵税!



在2024年1月31日之前 捐赠您未使用的 CDC礼券!

此季刊由光明山修身院企业通讯部编辑。我们欢迎您的反馈和宝贵意见。

编辑: Zoey Choo, Niki Goh

联系方式

光明山修身院是一家志愿福利团体。不分种族，语言或宗教，为年老，患病和贫困人士提供医疗保健服务。

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